

THE AMERICAN LEGION



Winter Park Memorial Post 112
4490 N. Goldenrod Road
Winter Park, FL 32792

407.671.6404

2009-2010 Officers

- Commander
Thomas (Tom)
Roberts
- 1st Vice Cmdr.
Richard (Dick) Padgett
- 2nd Vice Cmdr.
Gerard (Jerry) Dress
- Sgt. at Arms
Tim Healy
- Adjutant
Bob Colbert
- Judge Advocate
John McCormick
- Asst. Judge Adv.
Terry Brown
- Finance Officer
Dyke Shannon
- Service Officer
Mike Dixon
- Chaplain
Cliff Buhrow
- Historian
Ted Costello
- Sea Cadet Liaison
Richard Meredith
- Quartermaster
Marian Roberts
- Newsletter Editor
Nell Colbert

COMMANDER'S MINUTE

Well another year has gone down the road and the accomplishments at the post just seem to mount up. New members either joining or transferring. Speaking of new members just a reminder, for every new member you sign up this legion year department will pay you \$5.00. Membership is the name of the game, so earn yourself some extra bucks. That does not include transfers.

How would you like to receive your newsletter in color? Well it's pretty easy just get your email address to our adjutant, Bob Colbert and that's it. The pluses for doing it this is one; you will get your newsletter before the snail mail group, two; you will save the postage (.44), three; save on printing and the best one is, it will come in LIVING COLOR.

This year we are emphasizing guest speakers at our meetings. If you know of someone that would like to be guest speaker, that will present information we can use. There are some caveats, one; NO selling, strictly information, Two; nothing political unless approved by the executive board.

By now our Christmas party is history. If any of you have suggestions for next (this) years Christmas party or any other legion function please let us know, in writing of course after all this is YOUR post.

As you know I wasn't very active the first part of 2009. Do you think it was because I was in the hospital and or rehab? I want to thank my good friend Dick Padgett for filling in for me and of course all the rest of the officers. Be readily assured I will be doing my best this year; the good lord willing and the creek don't rise!

Jerry (2nd vice) has some pretty fantastic things planned for this year. Check his calendar for events and dates. Oh yes! And any help you can give would be greatly appreciated.

A word of caution; keep your eye on the Auxiliary - man are these ladies fired up.

Remember the word TEAM, means; Together Every-one Achieves More.

I would like to thank all my officers for a job well done, I don't think there has ever been a slate of officers like the ones that are currently in office.

A Thought to Remember: *The smallest deed is better than the greatest intention.*

Volume 2, Issue 1
January-February 2010

YAHOO! GROUPS

See Bob to sign up!

Do you

YAHOO!

Special points of interest:

- **New for 2010—News You Can Use Seminars**
- **Grandparent's Scam Alert**
- **How to reduce your potential for computer viruses & SPAM email—see special insert**

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1st Vice Commander's Report

A big thanks to all who have worked so diligently to maintain our membership. 2009 has been a good year in that we have almost achieved our 100% membership goal before Jan.1st. Our plans are to do much better in 2010. We will start our planned lunches for the different Reserve and National Guard units in

the Orlando area. Our hope is to increase membership and get the younger troopers interested in carrying our torch into the future.

I will take this opportunity to wish all a very happy and prosperous New Year.

Dick Padgett 1st Vice Commander.

2nd Vice Commander's Report

Thanks to all who helped and participated in our functions this past year.

We are starting the New Year with our *Burgers and More* and our traditional Pancake breakfast. *Burgers and More* is scheduled for Saturday, January 16th followed by the Pancake breakfast on Saturday, January 30th. Attendance for both functions is improving so come out and join the regulars and enjoy a great meal at a very reasonable price.

I will be at the Post on New Year's Day and am offering an invitation to one and all who would like to hang out and enjoy the comradeship of those attending.

Please contact me Gerry Dress at 407-671-8616 with your ideas of fun functions. I will make room on the schedule to incorporate them.

Adjutant's Report

We are starting 2010, but we missed a personal goal of 100% membership renewal by January 1st. We are still within the Department's guidelines for membership, as we have more than the 80% that we needed for January 6th. But, it was a matter of pride to make 100% before the end of the year, so that the entire Post would be paid for 2010 when it started.

We are trying to bring our records up to date and we are missing some important information from some of the members. When you receive your renewal card, there will be a note of what I need for you record. Many of you do not have your date of birth in our records. We are missing the "Branch of Service" for others and also we are missing the "Period of Active Duty" on others. Please help me to bring everything up to

date so that we don't miss things like wishing you a "Happy Birthday."

Our Post has an email address, if you need to send something in. It is FLPost112@gmail.com. It is checked regularly.

Our Auxiliary has been doing an OUTSTANDING JOB for its size! If you have a spouse who wants to get involved with our Auxiliary, contact Nell Colbert at 321-303-7445 or email Nell at necolbert@usa.net. This is an active service arm of our Post, so let's give them the support that they deserve! They need only one more member to hit 100%. Read about their activities on page 5.

Finally, I want to personally wish EVERYONE in the Post and Auxiliary a HAPPY HOLIDAY SEASON and a JOYOUS NEW YEAR!



Happy Birthday to YOU!!!



Happy Birthday to YOU! Happy Birthday to you! Happy Birthday dear _____. Happy Birthday to YOU!

want to miss anyone!

January

- 11 Beuford Randall
- 17 Reed Laney
- 17 Wayne Roberts
- 18 Betty Baldick
- 20 Roberto Rivera, Jr
- 21 Chuck Travers, Sr
- 23 Mark Bernhardt
- 25 Emery Bennett
- 25 James Morrissette
- 27 Johanna Langis

February

- 06 Herbert Menier
- 07 Wayne Ackley
- 08 Eduardo Posada
- 09 Philip Hale, Jr
- 10 Bob Colbert
- 17 Marian Roberts
- 23 Norma "Liz" Padgett
- 25 Jose Cadavedo
- 25 Loren Cawood, Jr

If your birthday is in January or February and it isn't shown here, it's because the Adjutant doesn't have it. **Please send him your date of birth and he will add it to the list.** We don't

Chaplain's Report

Merry Christmas and Happy Holidays!

It seems like our Legion members are in good health and have no complaints.

Looking forward to the new year and wishing you all the best. May God be with you and your loved ones.

Cliff Buhrow, Chaplain

Public Relations Update

Print and electronic Media Releases were developed and communicated to over a dozen local select print/electronic media for the "Post 112 Auxiliary Annual Community Food Drive". A Media Advisory in regards to "Veterans Day Observance" was developed and promulgated to local select print media. An example Mayor's "Veterans Day Proclamation" was developed and promulgated to the cities of Winter Park, Casselberry, Maitland, Oviedo, and Winter Springs. Each of these cities did issue the requested/suggested "Veterans Day Proclamation". We have confirmation copies for our records here at the Post.

If you belong to other local area veterans service organizations/clubs please contact me at tyost1@cfl.rr.com or 407-678-0943, with the name and contact info so I can add this information to our database. When/If you see an item in the media pertaining to our Post activities, please let me know and save and bring the print copy to our Post.

You can help us defray the cost of planned marketing/advertising activities by donating (cash/check) to this new marketing budget line item. Please help us if you can.





New for 2010!! *"Information You Can Use"* Seminars



Have you heard!?!? New for 2010!! *"Information You Can Use"* Seminars at our Winter Park Post 112 General Meetings on second Tuesday of the month. Mark your calendars now.

Day/Date: Tuesday, January 12, 2010

Event: Monthly Winter Park Post 112 Dinner and General Meeting.

Time: 6:00 p.m. Dinner - General Meeting at 7:00 p.m.

Topic: *VA Aid and Attendance Workshop (A & A)* - Aid and Attendance is a benefit paid that can be paid without eligibility for VA pension. Learn much more!!

Presenter: AEGIS Law Firm - *Helen Von Dolteren-Fournier*, Attorney at Law and Certified Financial Planner; VA Accredited Attorney. Ms. Dolteren-Fournier is a graduate of the Barry University School of Law, Doctorate Jurisprudence, 2005. She is a founding Partner and Managing Member of the AEGIS Law Firm, P.L. She currently serves on a number of Central Florida Boards, including, but not limited to: Valencia Community College Foundation; WMFE-PBS Board of Trustees; and Foundation for Winter Park Tech, Inc. She has established a number of scholarships; and is an active community volunteer and supporter.

Day/Date: Tuesday, February 09, 2010

Event: Monthly Winter Park Post 112 Dinner and General Meeting

Time: 6:00 p.m. Dinner - General Meeting at 7:00 p.m.

Topic: *New VA Hospital at Lake Nona* (Update and Progress Report). Learn much more!!

Presenter: *Mr. Timothy W. Liezert*, VA Medical Center Director, Orlando. Mr. Liezert has served as Director for the VA Medical Center in Orlando since August 2006. He has served the Department of Veterans Affairs for 21 years. Mr. Liezert received his Masters of Business Administration degree from Western Michigan University. He is a Fellow of the American College of Healthcare Executives.

Our leadership/Executive Board will continue to solicit competent authorities/representatives to present future *"Information You Can Use"* workshops/seminars. Attendees at these events will be asked to provide input/feedback via a short survey so that we may use this information to better serve the interests of our membership and veteran community.

The Volunteer Page - by Thomas E. Yost, Post 112 Media Relations (volunteer)

Looking to make your meaningful New Year's 2010 resolution??

Help your Winter Park Memorial Post 112 by making your commitment and resolution to VOLUNTEER to help us!! Think about your Post!!

Here's how: Resolve to volunteer your time/talent/skill for 20 hours and/or for 10 hours in 2010. (Twenty - Ten) Do the "Twenty-Ten"! in 2010!

Our Post has a number of needs for volunteer assistance. Currently, a very small number of our total membership carry out the many diverse tasks needed to maintain a minimal level of various programs and activities. The "doers" are primarily those who have already stepped up and/or are already in leadership positions. We need, from time to time, volunteers to help with set-up and break-down activities for an event; to staff an event; to help with basic exterior/interior maintenance once in a while; or to just have a Post volunteer to stand-in or to help us in ways far too numerous to list here. We are not asking you to do any more than what you might feel comfortable with. Make your **Twenty-Ten** resolution *now* to help your Post.

Volunteering is nothing new for a number of us. Are you able/willing to help us?? Even if it's on a limited basis? Your Post needs you in many ways. Attending a few meetings may be a great first step for many of you. Our goal is to get a minimum of ten (**10**) of you to volunteer to do the "**twenty-ten**" in 2010. Will you be one of them??

Commander - Count me in!! I have resolved, for 2010, to be a limited-duty volunteer and volunteer some of my valuable time/talent/skill for **20** hours and/or for 10 hours in 2010. I will commit to do the "**twenty - ten**" in 2010!!

Mail this form, or better yet, bring your pledge in to a Post meeting and we'll do the rest and contact you in a timely manner. Your name and contact information will be placed into our volunteer pool. When we need volunteers/more help for an event, to staff a table, to help set-up/break-down for an event or activity, etc., the event coordinator(s) may contact you to see if you would be willing/able to assist in *that specific endeavor*. We will clearly indicate to you the task(s) we ask you to help us with and pledge to ensure your time is tracked and dedicated to the specific task(s) you volunteer to help with. Please help us if you can.

Name: (Print) _____

Contact Phone/Email: _____

Circle One: I am resolving to volunteer: **20** hours // 10 hours // **Both!! 30 hours in 2010!**

Mail/Bring to: The American Legion, Winter Park Memorial Post 112, 4490 North Goldenrod Road, Winter Park, Florida 32792

HOW TO FORWARD E-MAIL APPROPRIATELY

The note below was recently sent out by a system administrator for a corporate system. It is an excellent message that **ABSOLUTELY** applies to **ALL** of us who send e-mails. Please read the short letter below, even if you're sure you already follow proper procedures.

***Do you really know how to forward e-mails?
50% of us do; - 50% DO NOT.***

Do you wonder why you get viruses or junk mail? Do you hate it?

Every time you forward an e-mail there is information left over from the people who got the message before you, namely their e-mail addresses & names. As the messages get forwarded along, the list of addresses builds, and builds, and builds, and all it takes is for some poor sap to get a virus, and his or her computer can send that virus to every e-mail address that has come across his computer. Or, someone can take all of those addresses and sell them or send junk mail to them in the hopes that you will go to the site and he will make five cents for each hit. That's right, all of that inconvenience over a nickel!

How do you stop it? There are several easy steps:

(1) When you forward an e-mail, DELETE all of the other addresses that appear in the body of the message (mainly at the top.)

That's right, **DELETE** them. **Highlight them and delete them, backspace them, cut them, whatever it is you know how to do.** It only takes a second. **You MUST click the 'Forward' button first** then you will have full editing capabilities against the body and headers of the message.

If you don't click on 'Forward' first, you won't be able to edit the message at all.

**(2) Whenever you send an e-mail to more than one person,
Do NOT use the To: or Cc: fields for adding e-mail addresses.
Always use the BCC: (blind carbon copy) field for listing the e-mail addresses.**

This is the way the people you send to, will only see their own e-mail address. If you don't see your BCC: option, click on where it says To: and your address list will appear. Highlight the address and choose BCC: and that's it, ***it's that easy.*** **When you send to BCC: your message will automatically say 'Undisclosed Recipients' in the 'TO:' field, to all the people you sent a message.**

(3) Remove any 'FW:' in the subject line.
You can re-name the subject if you wish or even fix spelling.

(4) ALWAYS hit your Forward button from the actual e-mail you are reading.

Ever get those e-mails that you have to open 10 pages to read the one page with the information on it? By forwarding from the actual (USUALLY THE LAST) page you wish someone to view, you stop them from having to open many e-mails just to see what you sent.

(5) Have you ever gotten an email that is a petition? It states a position and asks you to add your name and address and to forward it to 10 or 15 people or your entire address book.

The email can be forwarded on and on and can collect thousands of names and email addresses.

FACT: The completed petition is actually worth a couple of bucks to a professional spammer because of the wealth of valid names and email addresses contained therein. If you want to support the petition, send it as your own personal letter to the intended recipient. Your position may carry more weight as a personal letter than a laundry list of names and email address on a petition. *(And, if you really think about it, who's supposed to send the petition in to whatever cause it supports? And don't believe the ones that say that the email is being traced, it just isn't so!)*

(6) One of the main ones I hate is the ones that say that something like, 'Send this email to 10 people and you'll see something great run across your screen.' Or, sometimes they'll just tease you by saying something really cute will happen, or threaten you with bad luck for years.
IT AINT GONNA HAPPEN!!!!

(7) Before you forward an Amber Alert, or a Virus Alert, or some of the other ones floating around nowadays check them out before you forward them.

Most of them are junk mail that's been circling the net **for YEARS!** Just about everything you receive in an e-mail that is in question can be checked out at Snopes. Just go to <http://www.snopes.com/> (if you trust SNOPEs as a source) or check other sources if available. ***It's really easy to find out if it's real or not. If it's not, please don't pass it on.***

***So please, in the future, let's stop the junk mail and the viruses – forward emails correctly.
Everyone will thank you!***



Meet Your Officers



This month, we spotlight our Chaplain, Cliff Buhrow.

Cliff was born on December 17, 1927 in Waushara County town of Poy Sippi. Cliff attended elementary school at East Island, ninth grade in Antigo, WI and high school in Berlin, WI.

Cliff joined the Air Force in 1950 and received a medical discharge in 1951. Cliff married

his first wife, Beverly Cundy, in 1952 and the family moved to California in 1959. Cliff and Beverly have six children.

Cliff met and married his current wife Shirley in 1965, celebrating his 44th anniversary this past October.

Cliff and Shirley moved to Winter Park 43 years ago. They joined the First Baptist Church of Winter Park in 1972.

In addition to his six children

with Beverly, Cliff and Shirley also have one child of their own, Candace Wagner, who has four children, three girls and a boy. Cliff has six grandchildren and six great grandchildren! Cliff's children are spread around the country.

Cliff joined Post 112 in 1992 and is currently serving his second term as our Chaplain.

Thanks Cliff for all that you do to support Post 112 and its members.

Auxiliary Update

Our Auxiliary has been quite busy over the last couple of months and we have lots planned for the beginning of the year. In November, we finished up our food drive that supported the Second Harvest Food bank by turning over more than 600 pounds of non-perishable food items. We also celebrated National Education Week by providing a huge basket containing more than 100 pieces of fruit to the faculty and staff at Eastbrook Elementary on 11/18. For Thanksgiving and again for Christmas, our Unit supplied giant holiday food baskets to two Reserve families so that they could enjoy a traditional holiday meal. We also supported the Oviedo High School NJROTC unit by collecting toys for their Toys for Tots drive. The pictures from our fall activities can be seen on our Facebook page. And of course, we should mention that our Unit now has it's own unit shirts (thanks Dyke) that we proudly wore to the fall American Legion and Auxiliary Conference in Orlando and the December 6th District meeting on 12/12.

After a well deserved holiday break, our ladies will hit the ground running in January as we kick off two more community service projects to benefit our schools. We are working on a school supply drive and hope to have collection boxes out in local stores in early January. We will also be kicking off our Reading Rockets project to help young readers improve their reading skills in late February. And in March, in conjunction with the Post's Giant Yard Sale, the Auxiliary is working to bring the Bloodmobile to the Post. We are also looking to hold a Poppy distribution for Memorial Day.

Naturally, we are also looking to raise some funds for our projects and have begun our Hero's to Hometowns BBQ Sauce sale. If you would like to support YOUR Auxiliary, please contact Nell Colbert (321.303.7445 or necolbert@usa.net) to purchase you bottle of great BBQ sauce—\$7.00 each or 3 for \$20.

We are also looking for a few more ladies who would like to actively participate with us. Again, please contact Nell, our Membership Chair, for more information.



One Light Bulb at a Time!

A friend was in Lowes the other day looking at the hose attachments. They were all made in China. The next day he was in Ace Hardware and just for the heck of it, checked the hose attachments there. They were made in USA. Start looking at the labels - In our current economic situation, every little thing we buy or do affects someone else - even their job.

My grandson likes Hershey's candy. I noticed, though, that it is marked made in Mexico now. I do not buy Hershey's candy any more. My favorite toothpaste Colgate is made in Mexico now. I have switched to Crest. You have to read the labels on everything.

This past weekend my friend was at the grocery store. She needed 60 W light bulbs and Bounce dryer sheets. In the light bulb aisle, and right next to the brand she normally buys was an off brand labeled, "Everyday Value." She picked up both types of bulbs and compared the stats - they were the same except for the price. The brand name bulbs were more money than the Everyday Value brand but the thing that surprised me the most was the fact that the brand name bulb was made in MEXICO and the Everyday Value brand was made in - get ready for this – the USA in a company in Cleveland, Ohio. So on to another aisle - Bounce Dryer Sheets....yep, you guessed it, Bounce cost more money and is made in Canada. The Everyday Value brand was less money and MADE IN THE USA! My friend reported that when she did laundry she found that the dryer sheets performed just like the Bounce Free that she had been using for years and at almost half the price!

So throw out the myth that you cannot find products you use every day that are made right here.

My challenge to you is to start reading the labels when you shop for everyday things and see what you can find that is made in the USA – the job you save may be your own or your neighbors! We can all start buying American, one light bulb at a time! Stop buying from overseas companies! We should have awakened a decade ago.....

Let's get with the program.... help our fellow Americans keep their jobs and create more jobs here in the U.S.A.

Grandparents Scam Alert

Courtesy: Seminole County Sheriff's Office

Senior citizens need to be aware of a telephone fraud now known as the "Grandparent Scam" or "Emergency Scam" that is used by criminals to scam unsuspecting seniors out of money. Usually, the caller pretends to be a grandchild in need of emergency money. The ruse often includes a caller who says something like "Hi, grandma," or "Hey, it's your favorite grandson." The caller's goal is to learn the name of a recipient's actual grandchild. Sometimes the caller may even have learned the name of the grandchildren in advance – and claim to be a grandchild on the call. The call could go like this...

Con: Hi, Grandpa.
Victim: Hi.
Con: Do you know who this is?
Victim: Randy?
Con: Yeah.

The caller typically tells the victim that he or she has been in an accident, was arrested, is stranded or in similar trouble and needs money immediately. Most often, the caller claims to be traveling in Canada. Seniors should always exercise some skepticism when they receive telephone calls urgently requesting money. If a relative calls and asks for money, they should verify the identity of the caller with personal questions a stranger would not be able to answer. Seniors should not "fill in the blanks" for callers but should ask them to give their names.

RED FLAGS TO LOOK FOR:

- Callers requesting money
- Callers claiming to be in Canada or other foreign location.
- Callers insisting on secrecy.
- Urgent callers pressuring quick action.
- Callers requesting that money to be sent by wire transfer (because those funds are hard to track and almost impossible to recover).
- Callers with unfamiliar voices.
- Vague or elusive callers who get personal details wrong.

If you have been a victim of this scam, please report it to the Seminole County Sheriff's Office by calling (407) 665-6650. If you would like more information or would like to schedule a presentation on "Scams and Cons" please contact the Crime Prevention at any of the following numbers; 407-665-6480; 665-6748; 665-6977.



BOOSTERS

Boosters – Who are they and what is it?

The starting point for contributions is the first of the year. We had to set a starting and ending point to be fair to everyone. The starting amount is \$25 to be listed as a Booster. Then, there are other levels, which are; Bronze at \$25, Silver at \$50, Gold at \$75 and Platinum at \$100. The amounts will be cumulative through the year, so that it is easier to attain the next level. At the end of the year, everyone goes back to start over. The Boosters listed below reflect contributions through the end of 2009. The March/April Newsletter will show Booster totals that come in during January and February.

- Bronze— \$25
- Silver— \$50
- Gold— \$75—Tom Yost
- Platinum— \$100+
 - Dyke Shannon
 - Bob & Nell Colbert

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CALENDAR

January 2010

- 1 Happy New Year!
- 2 -3 Sea Cadet Meeting
- 4 Executive Board Meeting
- 5 Bass Masters
- 9 Boy Scout Adult Leader Training
- 12 General Business Meeting**
- 16 Burgers & More**
- 18 Martin Luther King's Birthday
- 20 Junior Bass Masters
- 30 Pancake Breakfast**

February 2010

- 1 Executive Board Meeting
- 2 Bass Masters
- 6-7 Sea Cadet Meeting
- 9 General Business Meeting**
- 14 Valentine's Day
- 17 Junior Bass Masters
- 20 Burgers & More**
- 27 Pancake Breakfast**

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Adjutant: Bob Colbert –
407-619-9611 – bcolbert@usa.net

Chaplain: Cliff Buhrow – 407-644-8878

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