

# The American Legion Winter Park Memorial Post 112 Family



Winter Park Memorial Post 112  
4490 North Goldenrod Road  
Winter Park, FL 32792  
[www.wpflpost112.org](http://www.wpflpost112.org)  
407.671.6404

## 2021—2022 Officers

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Commander  
Stephen Miglionico

2nd Vice  
Commander  
OPEN

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Bob Colbert

Sgt. at Arms  
Russell Kraeger  
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Ted Costello

Chaplain  
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Historian  
OPEN

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Commander  
Jim Carten

Auxiliary  
President  
Marge Berrios

Newsletter Editor  
Nell Colbert

Website  
[http://  
www.wpflpost112.org](http://www.wpflpost112.org)

## COMMANDER'S MINUTE

Greetings fellow Legionnaires of Post 112:

I hope everyone is doing well; it seems that the Covid issue is never ending any more.

As I mentioned in my last note, we will continue with our "blended" meetings and hope for more members to feel comfortable to actually attend the meeting at the Post. The Post is still getting improvements made, so stop by and check us out.

We do conduct our Legion Post Everlasting ceremony in May and November each year during meeting nights. Please feel free to join us for this.

Thanks again to the Chairman of Boys State competition (Bob); we will be sending candidates to Tallahassee again this year. We are also conducting school awards. This is a very worthwhile educational program the American Legion has. Our awesome Auxiliary also sponsors Girl State candidates as well as providing medals and certificates for Scholastic Achievement and the Americanism Essay contest.

I hope everyone will take the time to attend a Memorial Day Ceremony somewhere. Unfortunately, our Post will not be able to have a ceremony this year.

Our nominations have been complete for the next year, and I thank those who have the confidence in me to continue as Commander (for one more year). We still have some vacancies, so if you are interested in lending a hand and contribute to the Post just let us know.

Talk to other Veterans about us; the Legion is going strong. *"Anyone who has served honorably in the US Armed Forces since December 7, 1941 is now eligible to join, including Active Duty"* so bring them to a meeting and check out our awesome Post.

Until next time, take care and God Bless.

For God and Country,  
Jim Middlekauff,  
Commander, Post 112



Volume 14, Issue 6

May-June 2022

### IMPORTANT NOTICE

**To continue  
getting Post 112  
family emails, please  
send your correct  
email address to  
Bob Colbert  
([bcolbert@usa.net](mailto:bcolbert@usa.net))  
ASAP**

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## From Stephen's Korner—Stephen Miglionicio

As of this printing we have a 90 percent renewal rate. Needing only 13 more to make it 100%. We are continuing to send you the newsletter, even though your dues are not paid, in the hopes that you will renew. In an effort to keep you as a member, postcards, e-mails and phone calls have been made. Membership is important not only to our post but also to the state and national organizations.

Each year, the number of our members and programs for veterans and communities are reported to Congress. Truly, there is strength in numbers, positively affecting proposed legislation for veterans' benefits. Stand up and show your support for our veterans, as well as the men and women currently serving, by renewing your membership today.

**2022 Legion Dues are now due!**  
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### DID YOU KNOW!

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**CALL THE POST IF YOU HAVE  
A NEED BEFORE RENTING.**

**VETS HELPING VETS!!**



## Notes From the Adjutant's Desk

As you have seen elsewhere in the newsletter, elections will be held at the May general meeting. We must hold elections no later than 10 days before the Department Convention and this year, the convention is being held in mid-June.

We are about to start a new year (fiscal) for the Post. That means that we should be gearing up for the new programs that we want to execute. There are many programs that the Post members could undertake and support, such as Shooting Sports (usually done as "postal" with JROTC units), Oratorical contest (the National winner gets a handsome cash award), Scholarships (there are at least SIX national level scholarships), Amateur Radio (a station at the Post?), Youth Cadets (Law Enforcement oriented), Baseball and many more. You can go to <https://Legion.org> and look under "Programs" to get a better idea of the vast list of activities and their details. All the Post needs to bring any of these programs to life at the Post is a "Champion." Get with the Commander or Adjutant if you are interested in getting any of these programs started.

How about resuming some of our old social activities? We have held "potluck" picnic lunches at the Post in the past. As you know, the cooking facilities at the Post are not adequate for meal preparations but "potluck" could be quite a success. Another idea could be "Coffee & Donuts" one day a week or month. Any of these activities requires someone to "champion" or "chair" the activity to make it happen.

Our Post is actually quite a nice facility as Posts go. It is a little small by some standards, but so is the Post's active membership. If we want to grow, we have to have something for the members to see and do. To do this, we need your help!

We publish a birthday list in each newsletter. Maybe you have noticed that your name never comes up? Fourteen members of the Post Family are not listed each year because I don't have their birthdate. While you may say that you don't

want to be reminded of your age (who does?) it is still nice to have someone wish you a "Happy Birthday" each year to say that they are thinking about you.

Our "Blended" meetings continue. The ZOOM platform has been quite successful in allowing members who do not wish to drive at night or feel that it is too far to travel for a one hour meeting to remain active in the Post. Even though we are "returning to normal" ever so slowly, the "blended" meetings are here to stay. You can even attend using your smartphone or tablet. ZOOM works on desktops, laptops, tablets, smartphones, and even the older (non-smartphone) versions. It can work on the old regular dial phones but the ports are **long distance** and there is **no toll-free number** to call.

You can enter

[https://us02web.zoom.us/j/86288071778?](https://us02web.zoom.us/j/86288071778?pwd=dTc2d1EySURtcWtOUzIDSWJsR2dnQT09)

[pwd=dTc2d1EySURtcWtOUzIDSWJsR2dnQT09](https://us02web.zoom.us/j/86288071778?pwd=dTc2d1EySURtcWtOUzIDSWJsR2dnQT09)

into a browser on any of the devices or you can call 1 301 715 8592 and enter Meeting ID: 862 8807 1778 from any cell phone. The meeting bridge opens about 10 minutes before the meeting is to start. If you call in by phone, you won't be able to see the other people in the meeting.

The Post Office has announced that there will be another rate increase coming this summer. And, to expect at least two increases per year after that. With that and their announced "slow down" of delivery, it is all the more reason to receive your newsletter by email. At this time, it is costing the Post over \$1 per newsletter to mail it. **HOWEVER**, we will always continue to mail the newsletter to anyone who does not have access to email! I have spoken to a few members who do not have internet access and see no reason to pay for something just to get email. I agree! If that is all that you would use it for, don't pay extra. We will mail the newsletter.

I hope to see you at the May meeting for elections.







## ADVERTISING INFORMATION

Would your business like to advertise in our Post newsletter? This newsletter, with distribution via email and USPS to over 200 members and organizations, is now accepting advertising for our monthly newsletters.

### Advertising rates per issue are as follows:

Business card size - \$ 10.00 (3 3/4"w x 2 1/4"l)  
 1/4 page - \$ 15.00 (3 3/4"w x 4 3/4"l)  
 1/2 page - \$ 25.00 (7 3/4"w x 4 3/4"l or 3 3/4"w x 9 3/4"l)  
 Full page - \$ 40.00 (7 3/4"w x 9 3/4"l)

Copy MUST be emailed to the editor as a jpg or Publisher file but payment MUST be mailed to

the Post's PO Box by the 15th of the month preceding publication.

### COPY DEADLINES:

Jan-Feb issue—15December  
 Mar-April issue—15February  
 May-June issue—15April  
 July-August issue—15June  
 September-October issue—15August  
 November-December issue—15October

**QUESTIONS**—Contact the editor at 407.401.8360 or email [nell.colbert@communimatics.com](mailto:nell.colbert@communimatics.com).



Dear Valued Customers, Thank you for your support over the last 29yrs, and as the new owners we value that loyalty. We want to reassure you that our dedication to quality and customer service is our #1 Priority. Our business hours are still 9am -4pm Mon- Fri.

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## Our Happenin' Auxiliary—Nell Colbert

This sounds like a broken record—We are sooooo close to achieving our 100% membership goal! Our goal for 2022 is 24 members and as of this writing, we have 23 paid members, giving us 96%. We need one more renewal or new member ASAP so we can get to 100% before Department convention. If you have not renewed yet, please either log in to your account on the national American Legion Auxiliary website so you can pay online or send in your check for \$36 to our mailing address:

PO Box 2246  
Goldenrod, FL 32733-2246

Please remember that Auxiliary and Legion eligibility requirements have changed—the male spouses of female Veterans are now able to join the Auxiliary as long as their living spouse is a Legion member. Also, Veterans can join the Legion if they served at any time after the beginning of World War II. If you have friends or relatives who are eligible for the Auxiliary, the Legion, or SAL, please encourage them to join our Winter Park family.

Our Americanism essays have been mailed to the Department Americanism Chair. We're hoping that some of our students will win at the state level and go on to the national contest.

We interviewed five amazing can-

didates for Girls State in late February. Our alternate has already been picked up as the delegate for another unit who could not find candidates to interview so our third choice was added as our alternate and it looks good for her to attend this summer.



As we quickly come to the end of our 2022 program year, we will be presenting certificates and medals to one young lady and one young man at each of the seven elementary schools we serve during their 5th grade awards ceremonies in May. These award ceremonies will be conducted in person so we will need help from our members to get the medals presented. The schools tend to select the last two or three days of school for the awards ceremonies and due to the distance and travel time between the schools, it is very difficult for any one person to cover more than two schools on the same day. Please contact either Marge or Nell if you can help with these presentations. These are very easy and lots of fun to do and we have a script already prepared.

The Department Convention is June 16-19 and our elections must be held at least 10 days prior. Our Nominating Committee met after the March meeting and presented the following slate at the April meeting:

President—Marge Berrios  
Vice President—Terry Berrios  
Secy-Treas—Nell Colbert  
Chaplain—Debi Shannon

Historian—Madelda Thompson  
Sgt at Arms—Brenda Brown  
Our election will be held during our May meeting on the 17th.

We also received from the Department Secretary our voting strength for District's Constitutional Conference and the Department Annual Convention. We are allowed two delegates for 2022. Marge Berrios and Nell Colbert were elected as our delegates and Debi Shannon was elected as our alternate to convention. The 6th District Constitutional Conference will be held at Post 35 in Mount Dora on May 7th. Registration begins at 9:30am and the meeting begins at 10am.

Our April meeting featured a visit from our 6th District President who was conducting her annual visit. Paula was impressed by how much we get accomplished each year while meeting remotely each month. She even picked up some ideas to share with her own unit!

Hope to see you for elections in May! Have a Happy Mothers Day, Fathers Day, and remember our fallen heroes on Memorial Day.

**We welcome all Veteran spouses along with the mothers, sisters, grandmothers and granddaughters of Veterans who would like to actively support our military, our youth and our community through our community service projects. To become involved, please call Nell at 321.303.7445.**

**Check out our Facebook page at:**  
<https://www.facebook.com/ALA112FL>  
**or our website at:**  
[www.AmLegionAux112FL.com](http://www.AmLegionAux112FL.com)





## Notes from Our Service Officer

**Parkinson's Disease Awareness:** Last month was Parkinson's Disease Awareness Month. According to VA, it provides health care for approximately 400,000 veterans with Parkinson's disease. Risk factors for Parkinson's disease are: male, 60 years or older, familial connection to the disease, and exposure to herbicides or pesticides. Symptoms include but are not limited to tremors, rigid or still muscles, balance issues, change in speech, and reduction of automatic movements like blinking or smiling. It develops gradually when certain nerve cells in the brain die and it's thought to be caused by a loss of dopamine-producing cells in the brain. The cause of Parkinson's disease is unknown, but genes and environmental factors may play a role.

**Commissary & Exchanges:** A top Pentagon official has quashed the idea of consolidating the military commissary and exchange systems, nearly two years after her predecessor ordered the merger to move forward.

An **Army report** covered by CNN this week revealed that military horses serving as pallbearers for Arlington National Cemetery have been suffering poor-living conditions, with one horse recently dying in February with 44 pounds of gravel and sand in his stomach. The report was compiled in February by the U.S. Army's Public Health Command-Atlantic after two horses with the Old Guard — known for guarding the Tomb of the Unknown Soldier — died within days of each other. A lack of space, inadequate funding and the turnover of unit commanders were noted as the primary issues.

**Alcohol** is the third leading preventable cause of death in the United States. VA research indicates that veterans with PTSD who are over the age of 65 and have a drinking problem or depression are at a higher risk of suicide. Substance use disorder, commonly known as ad-

diction, is a disease with which an individual cannot control the use of alcohol and/or drugs. VA offers a variety of both inpatient and outpatient care treatment options.

**POW/MIA:** "Keeping the Promise", "Fulfill their Trust" and "No one left behind" are several of many mottos that refer to the efforts of the Department of Defense to recover those who became missing while serving our nation. The number of Americans who remain missing from conflicts in this century as of FEB 2019 are: World War II 73,025 of which over 41,000 are presumed to be lost at sea, Korean War 7665, Vietnam War 1589 (VN-1,246, Laos-288, Cambodia-48, & Peoples Republic of China territorial waters-7), Cold War 111, Iraq and other conflicts 5. Over 600 Defense Department men and women -- both military and civilian -- work in organizations around the world as part of DoD's personnel recovery and personnel accounting communities. They are all dedicated to the single mission of finding and bringing our missing personnel home. The DPAA collection is divided into two groups. [Group A](#), which consists of 38,000 missing service members whose remains are considered recoverable; and [Group B](#) consists of 44,000 missing service members whose remains are considered unrecoverable.

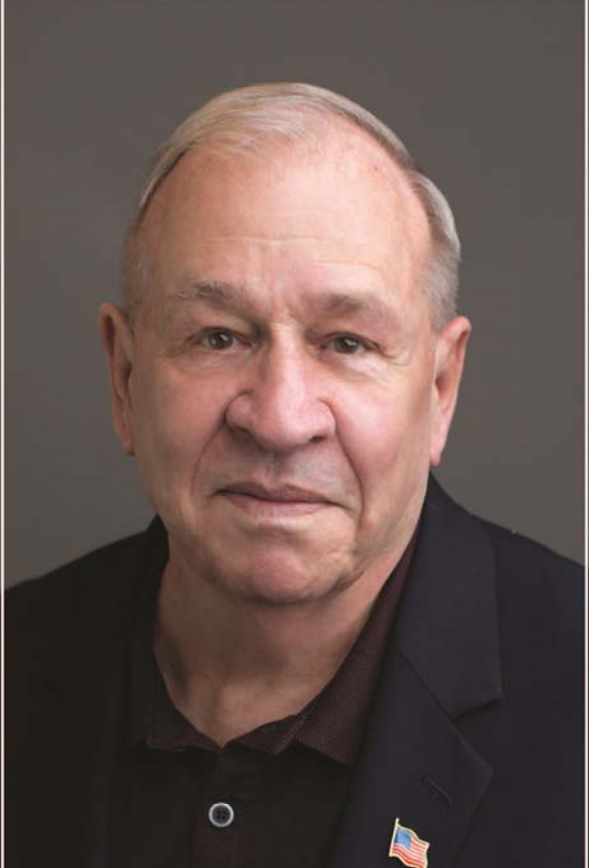


**Memorial  
Day**  
*Never Forget  
Ever Honor*





**ELECTIONS**  
**ARE COMING!**  
**PLEASE**  
**ATTEND THE**  
**MAY 10TH**  
**LEGION**  
**MEETING**  
**TO VOTE**  
**FOR OUR**  
**2022-2023**  
**OFFICERS**



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## Son's of the of the Legion: Jim Carten

Elections will be held this month. Be sure to log in to the ZOOM call so that you can vote and offer your input. So far, the officers will remain the same. Remember, to hold office you must be a paid member.

Things are starting to come back toward normal so we want to begin planning activities for late summer or fall. Perhaps returning to blended meetings like the Post is doing. The VA nurs-

ing home has lowered their restrictions on visitors a little so it may not be much longer until we can resume the pancake breakfasts. Time will tell.

Membership-wise we have 20 out of 28 members paid. Three have moved out of area, so there is only a slim chance of making 100%. But if you are one of the 8 who remain unpaid, it would sure help if you

were to send a check for \$20 for your dues. You can now pay online, as well, if you would rather, and print your new card online. Please contact Bob if you have any questions or need help.

Have  
a blessed  
Memorial  
Day.

Happy  
Father's  
Day! 🎈🎉🎊

## The Chaplain's Prayers : Billy Dover

### Chaplain's Thought

**"Seek the Lord while He may be found, Call upon Him while He is near. Let the wicked forsake his way, And the unrighteous man his thoughts; Let him return to the Lord, And He will have mercy on him; And to our God, For He will abundantly pardon."**

[Isaiah 55:6-7](#)

So how many times during troubles and stress have you tried to resolve the issue on your own. Just as Isaiah stresses the need for repentance, he also stresses we turn to God for his guidance. God knows your situation and is there for YOU, but it is up to YOU to ask for assistance.

The battleground for your will is in our minds and thoughts where the Lord is there for you. Trust in the faith that God is in control and will open the doors for you but it is you that must enter the open door.

You have the advantage of going to the LORD and asking for help. Protect yourselves from the evils of this world and do not be wicked or unrighteous.

Prayer:

Dear God, the creator of the universe and me, please guide me through the doors that YOU open. Forgive me of my wicked ways in both mind and body. Protect me and my family ever moment of every day and place your Holy Spirit in control. Dear Lord, please be with the members of Ukraine and our NATO partners along with our troops at home and deployed. Please place your hedge of protection over our first responders and the family of all these individuals. We know you are the God of yesterday, today, and tomorrow; just give us the strength to trust in you. In the name of the FATHER, SON AND HOLY SPIRIT, Amen.

FOR GOD AND COUNTRY, Billy Dover Jr., Chaplain







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## Happy Birthday to YOU!

*Happy Birthday to YOU!  
Happy Birthday to you!  
Happy Birthday dear \_\_\_\_\_.  
Happy Birthday to YOU!*

### May

- 4 Newsome, Willie C
- 6 Caruso, Claudia D
- 9 Piltz, Kerry
- 13 Turner, N. James
- 15 Sexton, Caleb R
- 15 Sexton, Chase M
- 17 Muller, Charles J
- 21 Finch, Glenn H
- 23 Sprague, Arthur R Jr
- 24 Colon, Alfonso
- 30 Finn, Paul T Jr

### June

- 5 Fleming, John F Jr
- 6 Bruneau, George J
- 6 Cole, Leonard F
- 7 Gagne, Mark T
- 8 Colbert, Aurora
- 13 Council, James M Sr
- 23 Mishoe, Floyd E
- 29 Culver, Samuel E



*Happy  
Birthday!*



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# THE AMERICAN LEGION



Winter Park Memorial Post 112  
4490 North Goldenrod Road  
Winter Park, FL 32792  
[www.wpflpost112.org](http://www.wpflpost112.org)

## CALENDAR

**Please see our website for additional dates and more detailed info about each event.**

May

- 3 SAL Meeting - ONLINE - 7 PM
- 8 Mother's Day
- 10 General Meeting - Post & ONLINE - 7 PM
- 17 Auxiliary meeting - ONLINE - 7 PM
- 30 Memorial Day

June

- 7 SAL meeting - ONLINE - 7 PM
- 14 General Meeting - Post & ONLINE - 7 PM
- 10 Newsletter articles due**
- 16 to 19 Department Convention
- 19 Fathers Day
- 21 Auxiliary meeting - ONLINE - 7 PM

## OFFICER'S DIRECTORY

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