

The American Legion Winter Park Memorial Post 112 Family



Winter Park Memorial Post 112
4490 North Goldenrod Road
Winter Park, FL 32792
www.wpflpost112.org
407.671.6404

2023—2024 Officers

Commander
James Middlekauff

1st Vice
Commander
Billy Dover

2nd Vice
Commander
OPEN

Adjutant
Bob Colbert

Finance Officer
Bob Colbert

Sgt. at Arms
Ron Gagne

Judge Advocate
OPEN

Asst. Judge Adv.
Terry Brown

Service Officer
Jim Middlekauff
Ted Costello

Chaplain
Billy Dover

Historian
Larry Middour

Sons of the Legion
Commander
Jim Carten

Auxiliary
President
Marge Berrios

Newsletter Editor
Nell Colbert

Website
[http://
www.wpflpost112.org](http://www.wpflpost112.org)

COMMANDER'S MINUTE

Greetings fellow Legionnaires of Post 112:

I hope everyone is doing well and staying healthy in this heat, please stay hydrated when being outside. If anyone is in need of assistance - please reach out to one of us.

As I mentioned in my last note, we will continue with our "blended" meetings and hope for more members to feel comfortable to actually attend the meeting at the Post (it is in great shape). Speaking of shape, the Home Depot has offered to do some "improvements" above and beyond what we have already done to improve the looks. Stay tuned, or stop in on a meeting night. As the note on page 2 of the newsletter suggests, we will try having some type of a light dinner for our meeting nights starting in October. Let us know if this is something that would interest you and the desire to participate.

Although we will not be having a September 11th ceremony, take a pause to remember the horrible day that was experienced in the United States. Just like the POW/MIA Veterans, we do not forget those who have lost their lives. Also, in September on the 15th is National POW/MIA Day and several ceremonies will be around for anyone to participate in. As the Commander for another year, we will be doing as much as we can to promote the Legion's policies and ceremonies.

Talk to other Veterans about us, the Legion is going strong. *"Anyone who has served honorably in the US Armed Forces since December 7, 1941 are now eligible to join, including Active Duty"* so bring them to a meeting and check out our awesome Post.

Until next time, take care and
God Bless.

For God and Country,
Jim Middlekauff
Commander, Post 112



Volume 16, Issue 2

Sept.—October 2023

IMPORTANT NOTICE

To continue
getting Post 112
family emails, please
send your correct
email address to
Bob Colbert
(bcolbert@usa.net)
ASAP

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From Billy's Korner—Billy Dover

FIRST VICE REPORT

As of today, 08AUG23, we have 60 paid members out of 101. Our goal is always to be our 101 plus ONE. We currently stand at 59.41%. There are many members who have yet to renew and we are requesting you send in your payment of \$38.00 to AMERICAN LEGION POST 112 or you can do it on the American Legion website.

With all the events occurring in the world people experiencing depression and anxiety need companionship so I am asking you to pick up the phone and call a family member, or friend who is alone and just talk or better yet LISTEN to them.

Let us recruit and retain our members along with educating them on the four pillars of the American Legion. Your dues go to help us accomplish many of these four pillars.

Invite your neighbors to join us either in person or on a ZOOM call and get involved.

As a final note, I want you to keep this number **988**, which is the Suicide HOTLINE, and **protect yourself and your comrades.**

For GOD and COUNTRY,
Billy Dover Jr.,
First Vice Commander

**2024 Legion Dues are now being accepted!
Please send your \$38 check to
PO Box 910, Goldenrod, FL 32733
TODAY!**

“Dinners at the Post” Coming in October



We want to try something new!

Beginning in October, we are going to have a light dinner at our monthly meetings—something like spaghetti or lasagna, hot dogs and beans with chips, BBQ sandwiches with chips, etc. There are endless possibilities for simple, yet tasty meals that don't require hours of cooking time.

Here's where we need your input. One of our Auxiliary members has offered to do the grocery shopping each month along with doing the meal prep, BUT we need to know how many of our members would come to the meetings so she can be sure to have enough food on hand but not over-purchase food so we don't have food going to waste. Please email Nell at email necolbert@usa.net or call Nell at 321-303-7445 to let her know if you would like to attend. **Deadline to RSVP is 5pm Oct. 4th.**

Dinner will be served beginning at 7pm with the business meeting immediately after everyone has their meal.



Notes From the Adjutant's Desk

Welcome to the Fall of 2023!

We are not in LOCKDOWN and that is a great thing! What does this mean? We can look to resuming Post activities.

We are already talking about the Four Chaplain's Memorial Ceremony as well as other things in the Fall of 2023 and into the next year. WANT TO BE A PART OF THE ACTION? Got any ideas? We will be putting things into the newsletter as well as posting them on the WEB PAGE – <https://wpflpost112.org> but if you don't see something that you would be interested in having the Post do, contact either the Post Commander or the Adjutant. You can leave a message at the Post's number (407-671-6404) for either one of us if you don't have email. I check the Post's voicemail several times a day.

Your 2023-2024 Officers were installed at the last (August) meeting. One new face is that of Larry Middour who has accepted the position of Post Historian. Please welcome Larry.

We want to start having "Dinner at the Post" on meeting nights beginning with our October meeting. HOWEVER, to be fair to the Auxiliary member who has offered to get this event up and running for the Post, we need to know how many people to expect. **If you plan to attend the October meeting IN PERSON (because food doesn't travel well over the internet), please let Nell know. Either call (or text) her at 321-303-7445 or send her an email to necolbert@usa.net. Your response must be by 5pm, October 4th for the October 11th meeting.** Dinner will be available at 7pm and the meeting will start as soon as everyone has their meal.

Another event to look forward to is the Oratorical Contest. Vice Commander Billy Dover has offered to chair this event and help to get it organized. The actual contest at the Post level will be held between December 1, 2023, and January 21, 2024. We hope to have more details in the

Nov-Dec newsletter. If you're interested in learning more about the program, check out the Department of Florida WEB page at <https://www.floridalegion.org/programs-services/oratorical-competition/about>. Thank you, V/C Dover for taking on this event!

HURRICANE SEASON HAS STARTED! And September/October is usually the peak time for us here in Central Florida. If you haven't, now is the time to make preparations. I know it is hot outside, but get those minor things fixed now before they become major issues during and after the storm. And, should we get hit, NEVER run a generator IN THE GARAGE or next to an open door. Carbon Monoxide cannot be smelled. And should you start to feel nauseous or get a headache, **SHUT IT DOWN AND GET OUT OF THE HOUSE!** And take everyone else (including pets) with you! THEN call 9-1-1 for help. We value our members – **THAT'S YOU** – and want you to be around for the Christmas Party!

And now to happier times – We will be planning the annual Post Family Christmas Dinner. We have traditionally held this at Perkins Restaurant on University Blvd at Forsyth Rd. We will be setting a date that will be in the next newsletter. Those attending will order from the restaurant's standard menu. There may be a small gift exchange at the dinner and details will be shared in the Nov-Dec newsletter.

Until the next issue, stay safe and well.



Happy Halloween



ADVERTISING INFORMATION

Would your business like to advertise in our Post newsletter? This newsletter, with distribution via email and USPS to over 200 members and organizations, is now accepting advertising for our monthly newsletters.

Advertising rates per issue are as follows:

- 1/4 page - \$ 15.00 (3 3/4"w x 4 3/4"l)
- 1/2 page - \$ 25.00 (7 3/4"w x 4 3/4"l or 3 3/4"w x 9 3/4"l)
- Full page - \$ 40.00 (7 3/4"w x 9 3/4"l)


Copy MUST be emailed to the editor as a jpg or PDF file and payment MUST be mailed to Post 112 at PO Box 910, Goldenrod, FL 32733-0910

and received by the 15th of the month preceding publication.

COPY DEADLINES:

- Jan-Feb issue—10December
- Mar-April issue—15February
- May-June issue—15April
- July-August issue—15June
- September-October issue—15August
- November-December issue—15October

QUESTIONS—Contact the editor at 321.303.7445 or email necolbert@usa.net



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Our Happenin' Auxiliary—Nell Colbert

BOOM! And just like that our 2024 membership drive is well underway with eighteen of our current members already renewed for 2024. That puts us at 64.29% of our goal of 28 members. Thanks to everyone who has already renewed. Below are the members who have paid their 2024 dues as of 8/20 when this article was updated:

Marge Berrios
Terry Berrios
Sharon Brown
Claudia Caruso
Aurora Colbert
Braelyn Colbert
Nell Colbert
Victoria Colbert
Mary Doyle
Lisa Gagne
Cheryl Knapp
Sharon Leimer
Aunita Padgett
Laurel Ross
S. Scott Ross
JoAnne Russell
Debi Shannon
Madelda Thompson

If your name is not listed above, please mail your \$45 check to:

ALA Unit 112
PO Box 2246
Goldenrod, FL 32793-2246

Or you can pay on-line by credit or debit card by logging in to your account at the national Auxiliary site:

www.members.legion-aux.org

At our installation ceremony in July, we were presented with an award for our articles in our Legion Family newsletter. We were recognized at the Department Convention and the plaque was presented at our installation meeting in July. As soon as the Post improvement projects are



completed, our plaque will proudly hang with our other awards received over the years.

Laurel Ross presented some information about the Veterans "Healing Through Expression" project that is being done in partnership with the Orlando VA Healthcare System and the MOAA (Military Officers Association of America.) MOAA would like to partner with our Unit to obtain a grant from the Auxiliary national organization. Information was emailed to all members along with the minutes from our August meeting. We would like to discuss this in further detail at our September meeting on 9/19 to determine if this is something we might like to do. Please be sure to read the brochure and please plan to attend our September meeting.

Coming up this fall are a few of our regular projects and we would love to have more of our members help out. In September we will be preparing for our *Give Ten to Education* project where we support one teacher at Eastbrook Elementary who uses Scholastic Books in her classroom. For \$10 per student, Scholastic Books provides one book per month for each student in the class to have for their own to keep. The students love this and

we are encouraging their reading skills by helping them build a small home library by the end of the school year.

In early November we will be shopping for the Eastbrook food pantry weekend backpack project just in time for Thanksgiving. We purchase all the non-perishable goodies needed to make a complete Thanksgiving dinner for those students whose families, some of whom are military families, need a little food assistance for the holidays.

We will also be shopping for the VA's Giving Tree project where we will provide a number of food baskets for the military families requesting assistance with holiday items for their families. We assist Post 112 with the shopping for their family and we donate several non-perishable food item baskets for a great Christmas meal for our Post's family plus a few more.

Hope to see everyone in-person for our projects and on Zoom for our meetings.

We welcome all female Veterans and Veteran spouses along with the mothers, sisters, grandmothers and granddaughters of Veterans who would like to actively support our military, our youth and our community through our community service projects. To become involved, please call Nell at 321.303.7445.

To see what we've been doing, check out our Facebook page at: <https://www.facebook.com/ALA112FL> or our website at: www.AmLegionAux112FL.com



Notes from Our Service Officer

The president has enacted historic Uniform Code of Military Justice (UCMJ) reforms aimed at holding more offenders accountable for crimes. Passed as part of the *National Defense Authorization Act for Fiscal Year 2022*, changes to the military justice system include placing prosecutorial decisions for cases like sexual assault and child abuse in the hands of independent prosecutors instead of unit commanders, as has been the status quo. The new rules come on the heels of recommendations from the 2021 Independent Review Commission on Sexual Assault in the Military, and years of effort by advocates and lawmakers to increase process fairness and justice for victims of sexual assault and other serious offenses.

The Department of Veterans Affairs announced it will conduct a scientific review to determine whether there is a relationship between three conditions — acute leukemias, chronic leukemias, and multiple myeloma outside of the head and neck — and toxic exposures for service members who deployed to Iraq, Afghanistan, Somalia, Djibouti, Egypt, Jordan, Lebanon, Syria, Yemen, Uzbekistan, and the entire Southwest Asia theater of operations. The review will help VA determine whether these conditions will be considered presumptive for veterans. This presumptive framework was a key provision of the PACT Act. VA claims processed by the PACT Act has processed more than 760,000 claims and paid out \$1.6 Billion to Veterans. About 111,000 veterans who are believed to have toxic exposure have enrolled in VA health

care since the law was enacted. In addition, more than 4.1 million veterans have completed toxic screenings, which are questionnaires to analyze their potential exposure and determine whether additional tests are required.

Who do I contact When I Have a TRICARE Billing Question?

It depends on what the bill is for (medical, dental, or pharmacy services). After you visit a doctor, dentist, or pharmacy, you get an Explanation of Benefits (EOB). You get:

A [medical EOB](#) for a medical visit.

- A Dental Explanation of Benefits (DEOB) for a dental visit.

A prescription drug [EOB for a pharmacy](#) visit.

EOBs aren't bills. It's an itemized statement that shows how TRICARE paid on your claim and what you owe your provider (if anything). If you get a bill from a provider, check your EOBs and DEOBs to see if you owe the provider. If you still have questions after you review your EOB or you don't have an EOB for the bill you got, call your TRICARE contractor.

Contact Information

[East Region Contractor](#) (Humana Military)

1-800-444-5445

The Defense POW/MIA Accounting Agency announced five Army burial updates for service members who have been missing and unaccounted for from World War II and the Korean War.





Boys State—Bob Colbert

You missed a GREAT presentation by our Girl's State and Boy's State delegates about their experiences at the 2023 events. Seven of our delegates attended and gave us a brief rundown of their experiences and why they were glad that they were sent by our Post or Auxiliary Unit. We began with the three Girls State delegates followed by the five Boys State delegates. All our delegates left here with a task to talk up the 2024 Boys State and Girls State events at their schools with the Juniors. See the pictures below.

Each of our delegates was presented with a medal and certificate of appreciation for their dedication toward keeping our future safe. We may see many of these young people in leadership positions in our community, state and nation.

Work is beginning on the 2024 Boys State and the information is going out to the school in the next few weeks.

HOW CAN YOU HELP? We will be having the Boy's State interviews to select our 2024 delegates toward the end of February and we could use a couple more judges in the selection process.





The Chaplain's Prayers : Billy Dover



Prayer of an Old Man for Deliverance:

Psalms 71: 1-13

O LORD, I have come to you for protection; don't let me be disgraced

Save me and rescue me, for you do what is right.

Turn your ear to listen to me, and set me free.

Be my rock of safety where I can always hide.

Give the order to save me, for you are my rock and my fortress.

My God, rescue me from the power of the wicked, from the clutches of cruel oppressors.

O Lord, you alone are my hope. I've trusted you, O LORD, from childhood

Yes, you have been with me from birth; from my mother's womb, you have cared for me.

No wonder I am always praising you! My life is an example

to many, because you have been my strength and protection. That is why I can never stop praising you; I declare your glory all day long. And now, in my old age, don't set me aside.

Don't abandon me when my strength is failing.

For my enemies are whispering against me.

They are plotting together to kill me.

They say, "God has abandoned him. Let's go and get him, for no one will help him now."

O God, don't stay away.

My God, please hurry to help me. Bring disgrace and destruction on my accusers.

Humiliate and shame those who want to harm me.

God's first and second greatest commandments are to LOVE GOD and Love your neighbor as yourself. We should never neglect or forget the elderly. When our own kin grows old how can WE love them the way Christ loves the church? The individuals that are old cared for us when we were young and helpless. **IT IS OUR DUTY TO CARE FOR THEM WHEN THEY ARE OLD.**

Our God is a loving God who expects his followers to also love others. How often do you see an older member of a family sent to live in an independent facility or nursing home? Once they arrive there the family finds other things to do instead of spending time with this individual. There is a cartoon that showed a man and woman holding hands with a child then the next frame shows the child now a man holding the hands of the elderly man and woman.

Let us pray, dear God who has control of everything give us the opportunity and the empathy to care for our elderly. Deliver us from the prosecution, ridicule, and negativity that this world is showing. Let us pray for the leaders of this great nation that they will follow your guidance in keeping us free. We continue to pray for our service personnel and first responders along with their families. Protect our nation and the American Legion and keep us looking to you for direction. This we ask in the name of the Father, Son, and Holy Spirit, Amen.

FOR GOD AND COUNTRY,
BILLY DOVER JR.
CHAPLAIN



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Installation of Officers



Auxiliary Officers for 2023-2024 installed both in-person and via Zoom.




Sons of the American Legion

2023-2024 Officers



American Legion Post 112 Officers for 2023-2024



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Sons of the American Legion

As you can see in the pictures above, the Squadron Officers for this year (2023-2024) are: Commander Jim Carten, Vice Commander Jim Middlekauff, Adjutant Bob Colbert, and Chaplain Billy Dover.

The Squadron has returned to the Post for meetings! We still hold “blended” meetings so that those who are not able to drive to the Post for meetings can still attend. The meeting day changed some time ago to the First Monday of the month, except for the upcoming September meeting. Due to the holiday, the Squadron will meet on the 9th of September (the second Monday) at 7 PM. The ZOOM link will be sent out over the weekend, but if you have an old meeting notice, the ZOOM link has not changed.

We hope to be able to have a much more active year supporting our Post Family and we will need your help. The Post Family is planning events that the Squadron is expected to assist with, so please volunteer when the opportunity arises. We value your membership and your help!





Happy Birthday to YOU!

*Happy Birthday to YOU!
Happy Birthday to you!
Happy Birthday dear _____
Happy Birthday to YOU!*

SEPTEMBER

- 1 Shakes, Harry S
- 5 Riordan, Robert J
- 6 Fox, Ira T
- 7 Mendez, Gary
- 14 Hawley, John H
- 18 Miglionico, Stephen J
- 21 Pollack, Robert A
- 23 Russell, Joanne W
- 25 Costello, Christine
- 27 Carten, Finnley J
- 28 Gomes, Manny W

OCTOBER

- 3 Saunders, Virginia
- 8 Graham, George B
- 9 Costello, Ted J
- 14 Beltz, Leslie
- 14 Hickman, Thomas
- 19 Colbert, Ashton A
- 21 Shannon, Deborah
- 22 Hester, Jonathan D
- 24 Colbert, Nell E
- 27 Norton, Thomas J
- 28 Coll, Nelson



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**Looking for USN, USMC and USCG
honorably discharged veterans to join
the Fleet Reserve Association.**

You do not have to be retired, just a veteran. Dues are \$40.00 per year, BUT Branch 117 will pay half your dues for the first year when you join. We meet at the American Legion Post 112 in Winter Park every 3rd Saturday of the month at 0930. Contact Steve Miglionico at 407-301-6256.

THE AMERICAN LEGION



Winter Park Memorial Post 112
4490 North Goldenrod Road
Winter Park, FL 32792
www.wpflpost112.org

CALENDAR

SEP Event

- 4 Labor Day
- 11 SAL Meeting - Post & ZOOM - 7 PM
- 12 General Meeting - Post & ZOOM - 7 PM
- 16 Fleet Reserve - Post - 9:30 AM
- 19 Auxiliary Meeting - ZOOM - 7 PM

OCT Event

- 2 SAL Meeting - Post & ZOOM - 7 PM
- 10 DINNER Meeting - Post & ZOOM - 7 PM
- 15 Newsletter Articles due**
- 17 Auxiliary Meeting - ZOOM - 7 PM
- 21 Fleet Reserve - Post - 9:30 AM

Please see our website for additional dates and more detailed info about each event.

OFFICER'S DIRECTORY

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